



Eating Disorder Not Otherwise Specified (EDNOS)

The eating disorder not otherwise specified (EDNOS) category is for eating disorders eating that do not meet the criteria for any specific eating disorder. Examples include:

- For females, all the criteria for anorexia nervosa are met except the individual has regular menses.
- All of the criteria for anorexia nervosa are met except that, despite significant weight loss, the individual's current weight is in the normal range.
- All the criteria for bulimia nervosa are met except the binge eating and inappropriate compensatory mechanisms occur at a frequency of less than twice a week or for a period of less than three months.
- The regular use of inappropriate compensatory behavior by an individual of normal body weight after eating small amounts of food (e.g., self-induced vomiting after the consumption of two cookies).
- Repeatedly chewing and spitting out, but not swallowing, large amounts of food.